

Packing and Airline Regulation

From the U.S. Department of Transportation and Federal Aviation Administration

The Federal Aviation Administration (FAA) would like to congratulate all participants in the Ironman 70.3 Hawaii. We realize that it has been a long road of training, dedication and sacrifice to reach the starting line and we wish all participants the best of luck. We hope that everyone finishes with personal bests and no injuries or disappointments.

Dangerous goods (hazardous materials) continue to be a problem at airports within the Hawaiian Islands and air travel throughout the world. We are requesting the assistance of all athletes, your families and friends, to ensure the safety of yourselves, your fellow passengers, your aircraft and air carrier employees. Only certain dangerous goods are allowed, by regulation, to be carried by passengers and crew on an aircraft:

- Non-radioactive medicinal and toilet articles (including aerosols) may be carried in checked or carry-on baggage. These would include shaving cream, deodorant, perfumes and like items.
- Non-flammable aerosols with no subsidiary risk (toxic, corrosive) may be carried in checked baggage only. Flammable aerosols are not allowed in baggage.
- The total quantity of these items carried by one person may not exceed two kilos (70 ounces) by mass or two liters (68 fluid ounces) by volume. The capacity of each container may not exceed .5 kilos (18 ounces) by mass or 470 mil.(16 fluid ounces) by volume.
- Smoking material is limited to four books of matches on the person (carry-on baggage only, not checked baggage). Torches, mini-torches, micro torches and torch lighters are not permitted in checked or carry-on baggage or on the person.

Other items such as alcohols, carbon dioxide or nitrogen cartridges, small oxygen cylinders or cartridges, adhesives and lubricants may be dangerous goods and prohibited to travel. These items must be declared to the air carrier at check-in. More information regarding the exceptions in the United States dangerous goods regulations may be located online at ash.faa.gov. Please be aware that the dangerous goods exceptions granted by the United States Government may not be identical to the exceptions found internationally in ICAO or IATA.

If you are planning to participate in other outdoor activities while in Hawaii, such as hiking and camping, please do not bring liquid or propane fuel, fire starters or strike anywhere (cowboy) matches with you. These items may be purchased on all of the Hawaiian Islands. If you bring camping stoves or lanterns, please ensure they do not contain fuel of any sort and that they have been purged of fumes. We have encountered a large number of these items lately and they constitute a serious safety hazard during flight. Remember, it's a long way over water from any direction to Hawaii with no emergency landing sites.

Since September 11, 2001 and with the current conditions regarding air travel, increased security measures have been implemented by the Transportation Security Administration (TSA) for air travel to, from and within the United States. There are a number of items that are currently prohibited from carriage within the cabin of an aircraft. To prevent these items from being taken away from you during your travels, they should be placed in your checked baggage. A list of these prohibited items may be found online at www.tsa.gov. Select the "Air Travel" section and look for "prohibited items."

Again, we wish the best of luck to all athletes participating in the Ironman 70.3 Hawaii. We hope your travels are safe and your visit to Hawaii is enjoyable.